

October 8, 2021

To International Students Re-entering Japan

International Student Division, Chiba University

Re-entry Process for International Students in Academic Year 2021

1. First Step

This document has been prepared to inform international students of the requirements for re-entry to Japan and to help them understand the process of re-entering the university. If you have any questions, please be sure to check with the Academic Affairs Section of your department (or graduate school). If you have any questions, please be sure to check with the academic affairs section of the faculty (or graduate school) to which you belong. Also, since this information is updated on a daily basis, please check the websites of each ministry and agency yourself.

However, if you are planning to leave Japan (including temporary return to your home country) for any reason, please submit the "Overseas Travel Contact Form" (attached) to the Academic Affairs Section of your faculty (or graduate school) in advance.

2. Additions and changes from the 7th Report

2.1 Removal of designation as a Country of Prohibited Re-entry (change)

The measure to deny re-entry to foreign nationals, who re-enter Japan with a re-entry permit and who have stayed in India, Pakistan, Nepal, Bangladesh, Maldives, Sri Lanka or Afghanistan within 14 days prior to the date of application for landing was terminated on August 13, 2021 for Pakistan, and on September 20, 2021 for India, Nepal, Bangladesh, Maldives, Sri Lanka and Afghanistan.

【Reference】 Immigration and Refugee Management Agency website, "Measures to deny landing to prevent the spread of new coronavirus infection and the resumption of international human traffic (summary)

• <https://www.moj.go.jp/isa/content/001347329.pdf>

2.2 Staying in accommodation secured by the quarantine station for those who have stayed in countries where variant strains are prevalent within the past 14 days (change)

Compared to the previous measures, this measure has been eased. Currently, only countries with a 3-day or 6-day waiting period are subject to this measure, and no countries or regions have been designated for a 10-day waiting period. This measure will take effect at midnight (Japan time) on September 30, 2021. For more details, please see below. Please check the Ministry of Foreign Affairs website for the latest information.

【Reference】 Ministry of Health, Labour and Welfare website, "Waiting at accommodation facilities secured by quarantine stations and submitting a written pledge":

- <https://www.mhlw.go.jp/content/000836298.pdf> (Japanese version)
- <https://www.mhlw.go.jp/content/000836300.pdf> (English version)

2.3 Shortening the waiting period with vaccination certificates (Additional)

According to the government announcement, the following two points have been added as special measures. Please refer to the URL below for details. If you use these measures, please report them to your department and other related parties as soon as possible.

2.3.1 Shortening of the 14-day quarantine period at home after entry into Japan

"A person who is entering or returning from a country or region that is not subject to a quarantine period at accommodation facilities provided by the quarantine station, or a designated country or region that is subject to a 3-day quarantine period at accommodation facilities provided by the quarantine station, and who holds a valid vaccination certificate that meets the requirements can shorten the remaining 14-day quarantine period by notifying the Ministry of Health, Labor and Welfare (Health Confirmation Center for Foreigners) of the negative results of a test (PCR test or quantitative antigen test) voluntarily taken on or after the 10th day after entry.

*If you choose to take the test voluntarily on the 10th day, you will be responsible for all costs incurred, including transportation (public transportation is not allowed) and testing fees. When taking a PCR test, please note that a home test kit is not permitted, you must physically take a test at the institutes listed on the attached sheet.

*If you have taken the voluntary test, please report to the Immigration Health Check Center in accordance with the instructions in the manual below. If you receive a notification from the Immigration Health Check Center that you have been granted permission to end the waiting period, please send an image of the notification to the Japan Safety and Health Organization (JISHM), and wait for an entry permission e-mail to be

sent to you.

【Reference】 Proof of negative test for reduced quarantine period by Ministry of Health, Labour and Welfare

- <https://teachme.jp/111284/manuals/13344568/> (Japanese version)
- https://teachme.jp/111284/manuals/13344974 (English version)

2.3.2 Exemption from the 3-day quarantine period at accommodation facilities secured by the quarantine station

Persons entering or returning from "designated countries/regions subject to a 3-day quarantine period at accommodation facilities secured by quarantine stations" and who hold a valid vaccination certificate that meets the requirements are no longer required to wait at accommodation facilities and undergo inspection on the third day after entry (quarantine at home is still required). This measure will be applied to those who enter and return to Japan on or after October 1, 2021.

*Even if the above conditions are met, if the quarantine station or public health center instructs you to continue waiting at home, etc., you will need to follow the instructions.

*The above measures can be taken in combination with 2.3.1 above.

【Reference】 Ministry of Health, Labour and Welfare website, "Shortening the waiting period based on vaccination certificates, etc.:"

- <https://www.mhlw.go.jp/content/000836306.pdf> (Japanese version)
- <https://www.mhlw.go.jp/content/000836955.pdf> (English version)

3. Sequence of events leading to entry (summary)

The following is a summary of the procedures for those entering from countries with variant strains (3-day/6-day wait) and those entering from other countries.

- All: All entrants
- Non- quarantine: Those who enter from countries that are not subject to wait at facilities secured by the quarantine station.
- 3-day quarantine: Those from countries that are not subject to a 3-day waiting period at a facility secured by the quarantine station.
- 6-day quarantine: Those from countries that are subject to a 6-day waiting period at accommodation facilities secured by the quarantine station

Category	Order	Contents	Subject
Before entering Japan	1	Notify your undergraduate/graduate office of your intention to enter Japan.	All
	2	Obtain a certificate of vaccination (optional)	Non-waiting 3-day quarantine
	3	Confirm the contents of the pledge specified by the Japanese government and sign it.	All
	4	Book flights, standby locations, and transportation to quarantine locations.	All
	5	Make appointment for PCR test within 72 hours prior to departure and obtain negative test result thereafter.	All
	6	<ul style="list-style-type: none"> • Prepare smart phone and application. • Register the necessary information on the questionnaire website, and issue and save the QR code. 	All
After entering Japan	7	Take PCR test at airport (obtain negative certificate), submit written oath, move to quarantine area	All
	8	Begin 14-day quarantine, daily health observation Report to Safety and Health Organization Chiba University	All
	9	Take additional PCR test (maximum of 3 or 6 days after entry)	3-day quarantine 6-day quarantine
	10	After completion of additional PCR test, move to another waiting area	3-day quarantine 6-day quarantine
	11	Voluntary testing after 10 days of entry (optional)	Non- quarantine 3-day quarantine
	12	After completion of the 14-day quarantine period, receive an entry permit e-mail from the Japan Safety and Health Management Organization.	All

4. Detailed explanation

4.1 Obtaining a Certificate of Vaccination (optional)

If you wish to apply for special measures such as shortening the quarantine period, please refer to the Ministry of Health, Labour and Welfare website, "Shortening the quarantine period with a vaccination certificate" as described in 2.3.2 above, and obtain a vaccination certificate that meets the requirements. As stated there, the vaccination certificate must be valid for at least 14 days after the date of the second vaccination at the time of entry to Japan, so please plan your travel schedule accordingly.

4.2 Confirm and sign the pledge specified by the Japanese government

Please click on the link below to obtain a copy of the pledge, agree to it, fill in the necessary information, and present it to the quarantine officer when you enter Japan. If you do not agree to all the terms and conditions, you will not be allowed to re-enter Japan.

【Reference】 Ministry of Health, Labor and Welfare website, "Submission of Written Oath"

- <https://www.mhlw.go.jp/content/000836303.pdf> (Japanese)
- <https://www.mhlw.go.jp/content/000836304.pdf> (English)

4.3 Securing flights, waiting areas, and transportation to and from waiting areas

4.3.1 For international students who have stayed in a country where variant strains are prevalent within 14 days prior to entry

You must secure your own flight, quarantine area (for the remaining number of days after subtracting the number of days you have to wait at the hotel reserved by the quarantine station), and transportation to the quarantine area (public transportation is not allowed.)

4.3.2 For international students who have not stayed in a variant-endemic country within 14 days prior to entry

You must secure your own flight, waiting area, and transportation to the quarantine area (public transportation is not allowed.)

4.3.3 All

- The quarantine area (= the place designated by the quarantine station chief)

Select a place such as a home, hotel, etc. where toilets, bathrooms, etc. are located in private rooms and life during the waiting period can be completed in private rooms. Places where the facilities necessary for living are shared are not acceptable. In addition, facilities within

Chiba University (such as the International House) cannot be used as a quarantine location. If you are unable to make a reservation by yourself, you may make a reservation through a travel agency introduced by the International Student Division. (However, an individual adjustment fee of about 10,000 yen may be incurred.) If you wish to make a reservation, please consult with the Student Affairs Section of your department (or graduate school.)

• Means of transportation

Please make arrangements in advance for transportation to the quarantine area, such as a hired car or rental car with infection prevention measures. Public transportation such as trains and buses are not allowed. The following links list companies that have been approved by the Japanese government as having adequate infection prevention measures, so if you wish to use a hire car, please make your reservation from one of these companies.

【Reference】 Ministry of Health, Labor and Welfare website, "Introduction of hire companies that meet the standards or travel agencies that can procure hired cars":

https://www.mhlw.go.jp/stf/seisakunitsuite/newpage_00020.html (Japanese)

https://translation.mhlw.go.jp/LUCMHLW/ns/tl.cgi/https://www.mhlw.go.jp/stf/seisakunitsuite/newpage_00020.html?SLANG=ja&TLANG=en&XMODE=0&XCHARSET=utf-8&XJSID=0 (English)

When you have decided on your flight, standby location, and means of transportation to the standby location, please contact the Academic Affairs Section of your department (or graduate school.)

4.4 Make an appointment for PCR test within 72 hours prior to departure and obtain a negative certificate afterward.

Within 72 hours prior to the departure of your flight, take a test for new coronavirus infection and obtain a test certificate in the format and method specified by the Ministry of Health, Labor and Welfare (be sure to bring the certificate with you, as you will be required to present it when you enter Japan.) If it is difficult or unavoidable to obtain an inspection certificate, please consult with the diplomatic mission at your place of departure.

【Reference】 Ministry of Health, Labor and Welfare

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00248.html (Japanese)

https://translation.mhlw.go.jp/LUCMHLW/ns/tl.cgi/https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00248.html

unitsuite/bunya/0000121431_00248.html?SLANG=ja&
TLANG=en&XMODE=0&XCHARSET=utf-8&XJSID=0 (English)

4.5. prepare your smartphone and application

Please install the following applications designated by the Ministry of Health, Labor and Welfare on a smartphone that can be used in Japan and set the initial settings so that it can be used from the time you enter Japan. (If there are applications that cannot be used, you will be asked to rent a smartphone.) At the time of immigration, the status of these preparations will be checked, and if they are not sufficient, you will not be allowed to enter the country.

The following apps need to be installed:

- Video calling application (My SOS)
- Google Maps
- Contact confirmation application (COCOA)

【Reference】 Ministry of Health, Labor and Welfare website, “Carrying a smartphone, registration and use of necessary applications”

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00250.html (Japanese)

https://translation.mhlw.go.jp/LUCMHLW/ns/tl.cgi/https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00250.html?SLANG=ja&TLANG=en&XMODE=0&XCHARSET=utf-8&XJSID=0 (English)

If you want to rent a smartphone, you can apply for it from the following URL.

(This is a business that provides rental services within the quarantine area.

[Vision Inc.]

<https://www.vision-net.co.jp/news/20210319002098.html>

4.6 Register the necessary information on the Questionnaire Web, and issue and save the QR code.

Please register the necessary information on the questionnaire website and save the QR code issued before leaving Japan. You will need to present it to the quarantine officer when you enter Japan.

【Reference】 Ministry of Health, Labor and Welfare, “Questionnaire Response Reception”

<https://arqs-qa.followup.mhlw.go.jp/#/> (Japanese and English)

4.7. Take PCR test at the airport (obtain a negative certificate), submit a written pledge, and move to the waiting area

4.7.1 If the test result is positive

If the test result is positive, you will be isolated and placed on standby at a facility designated by the health center.

In this case, please be sure to inform the Academic Affairs Section of your department (or graduate school) of the test result.

4.7.2 If the test result is negative

After the test, please move to your waiting place without using public transportation as described above. If you are waiting at the place reserved by the quarantine station, please follow the instructions of the quarantine station staff to get to the bus for transportation.

4.8. 14-day quarantine period, daily health observation

4.8.1 In the case of a person entering Japan from a country or region designated as having an epidemic of a variant strain

During the prescribed number of days (third day or sixth day) starting from the day after entry into the country, you will be placed on standby at a hotel (free of charge for food and accommodation) secured by the quarantine station. (However, in the case of 2.3.2, you will be placed on standby at home.) During this period, you will undergo the PCR test again in a private room at the hotel on the designated day (the third day, or the third and sixth days.) (However, in the case of 2.3.2, you are exempt from the test.) During the waiting period, you are required to follow the health follow-up procedures described below (4.8.3 and 4.8.4.)

4.8.2 In the case of a person entering Japan from a country/region other than those designated as having an epidemic of a variant strain

You are required to stay at home for 14 days from the day you enter the country. During the waiting period, you will be required to follow up on your health as described below (4.8.3 and 4.8.4.) During this period, you will not be allowed to go out for any unnecessary reasons.

4.8.3 Health follow-up (Report to the Japanese Government)

The following are matters that must be reported to the Japanese government by all persons entering the country. The following information must be reported to the Japanese government or you may be deported.

- Report by My SOS

Report of waiting place and current location (multiple times/day), report of health condition (once/day), and response to video calls

- Recording of location information on Google Maps, etc., and use of COCOA (Contact Confirmation Application)

Continue to use

4.8.4 Health follow-up (Report to Chiba University)

The following are matters that need to be reported and handled by all students entering Chiba University. The following information must be reported and handled by all visitors to Chiba University. If not done completely, you will not be allowed to enter the university. Please report to the following address.

【Safety and Health Organization Chiba University】

info-hsc@office.chiba-u.jp

- Procedure

① When you arrive at the waiting area, please send an entry report e-mail to the Safety and Health Management Organization and the Academic Affairs Section of your faculty (or graduate school). The following information is required.

Subject	Entry Report
Sentence	This is to report that I have entered Japan. Name, gender, affiliation at Chiba University, student ID number, from which country you entered Japan, date of entry, place of stay, whether or not you have anyone living with you, test results for new coronavirus infection at quarantine, e-mail address, telephone number, and new coronavirus vaccination history.

② You will receive an e-mail from Safety and Health Organization Chiba University confirming the acceptance of your entry report. Please check the name of the subject, login ID, and the URL address of Microsoft forms in the e-mail.

*If you are arriving in Japan on a Saturday, Sunday or a national holiday, you will not receive a reply even if you send an entry report e-mail because the staff of the Organization will not be at work. If you are arriving in Japan on a weekend or a national holiday, please contact the academic affairs office of your faculty (or graduate school) to monitor your daily health.

*The following is a list of the information you can provide to the Academic Affairs Section of your department (limited to holidays)

Name, gender, affiliation at Chiba University, student ID number, body temperature, and any other symptoms (if any.)

③ During the 14-day waiting period, you will use Microsoft Forms to submit your daily health report. Please report by 11:59 every morning. If you feel unwell, please contact your faculty or graduate school.

④ After the 14-day waiting period is over, Safety and Health Organization Chiba University will send an e-mail to you. When you received, please contact your faculty or graduate school.

*If you wish to take advantage of the shortened waiting period, as mentioned in 2.3.1, please send the image of the permission from the Health Check Center for Immigrants to Safety and Health Organization Chiba University, and make sure to report to the relevant parties as soon as possible.

5. Others

5.1 Itinerary

As stated in the previous sections, you need to wait for 14 days (or 10 days) starting from the day after you enter Japan. Please take your class schedule into consideration when making your travel plans. In addition, once you have decided on your itinerary, please be sure to report it to the Academic Affairs Section of your department (or graduate school.)

*For example, If you enter Japan on October 1, you will be on standby until October 15, but you can go out and use public transportation starting October 16.

5.2 Expenses

Students are responsible for all costs associated with their entry into Japan. Please be

aware of this before making any preparations. If you are planning to stay in a hotel, please confirm with the hotel in advance, as there may be a cancellation fee if the waiting period is shortened.

5.3 Documents to be submitted

When entering the university, please submit the following documents to the academic affairs section of your department (or graduate school) to prove that you have taken the appropriate quarantine measures.

- ① All the documents that prove that you used a hired car, etc. for transportation until the end of the 14-day waiting period (receipts, etc.)
- ② Proof of use of accommodation for the 14-day standby period (submitted only by those using hotels, etc.)
- ③ Proof that you have used the accommodation to wait for 14 days.
- ④ An image of the notice of permission for release from standby from the Immigration Health Check Center (only for special cases.)

5.4 New Coronavirus Vaccination for International Students

International students enrolled at Chiba University are also eligible to receive the new coronavirus vaccine at work. (as per the email dated July 16, 2021 distributed by the General Safety and Health Management Organization)

【Reference】 Safety and Health Organization Chiba University, "New Coronavirus Vaccine Base Vaccination":

<https://hschome-gw.hsc.chiba-u.jp/Wakuchin-covid19.html> 6.

6. References

Immigration and Refugee Management Agency, "Denial of landing, etc. in relation to the prevention of the spread of new coronavirus infections"

https://www.moj.go.jp/isa/hisho06_00099.html (Japanese)

https://www.isa.go.jp/en/hisho06_00099.html (English)

The Ministry of Foreign Affairs of Japan, "Response to the New Coronavirus Infection"

https://www.mofa.go.jp/mofaj/p_pd/pds/page25_002019.html (Japanese)

https://www.mofa.go.jp/p_pd/pds/page22e_000910.html (English)

Ministry of Health, Labour and Welfare, "Preventing the Spread of Infection and Improving the Healthcare Delivery System"

https://www.mhlw.go.jp/stf/covid-19/kansenkakudaiboushi-iryouteikyou.html#h2_7

(Japanese)

<https://translation.mhlw.go.jp/LUCMHLW/ns/tl.cgi/https://www.mhlw.go.jp/stf/covid-19/kansenkakudaiboushi-iryouteikyou.html?SLANG=>

[en&TLANG=en&XMODE=0&XCHARSET=utf-8&XJSID=0](https://translation.mhlw.go.jp/LUCMHLW/ns/tl.cgi/https://www.mhlw.go.jp/stf/covid-19/kansenkakudaiboushi-iryouteikyou.html?SLANG=en&TLANG=en&XMODE=0&XCHARSET=utf-8&XJSID=0) (English)

Safety and Health Organization Chiba University, "Information on New Coronavirus Infections":

<https://hschome-gw.hsc.chiba-u.jp/info-covid19.html>

7.Contact information (Please enter the contact information for each department.)

【Contact person】

【Telephone number】

【E-mail address】

海外渡航連絡票 Overseas Travel Contact Form

氏名 Name	
所属 Affiliation	
渡航先（国名・都市名）経 由国含む Destination (country and city), including transit countries	
危険度等 Degree of risk, etc.	<input type="checkbox"/> 「危険情報」及び「感染症危険情報」が発出されていないことを確認した。 It was confirmed that there was no "danger alert" or "infectious disease risk alert" issued. <input type="checkbox"/> 「危険情報」及び「感染症危険情報」が発出されているが、渡航する必要がある。→渡航中の安全配慮を記載願います。 There is a "danger alert" or an "infectious disease risk alert" in effect. However, I need to travel to Japan. → Please describe your safety considerations while traveling.
渡航期間 Travel period	年 月 日 ~ 年 月 日 Year Month Day - Year Month Day
渡航目的 Purpose of travel	
渡航を実施しなくてはならない理由 Reasons for necessity of travel	

上記内容について確認しました。I have confirmed the above information.

指導教員 Instructor : _____ (サイン sign)